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|  |  |  |  |  |  |  | **Утверждаю** | | | | | | | | | |
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|  |  |  |  |  |  |  | Директор | | | | | | | | | |
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|  |  |  |  |  |  | **МЕНЮ** | | | | |  |  |  |  |  |  |
|  |  |  |  | **11 октября 2023 г.** | | | | | | | | |  |  |  |  |
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|  | **Бюджет** | | | | | | | | | | | | | | |  |
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| **Сбор-** **ник** **рецеп-** **тур** | | **№** **техн.** **карты** | **Наименование блюда** | | | | | **Выход** | | **Химический состав** | | | | | **Энерге-** **тическая** **ценность,** **ккал** | |
| **Белки, г** | | **Жиры, г** | | **Угле-** **воды, г** |
| **Обед** | | | | | | | | | | | | | | | | |
| 1994 | | 138 | СУП КАРТОФЕЛЬНЫЙ С БОБОВЫМИ (ГОРОШКОМ ЗЕЛЕНЫМ) | | | | | 250 | | 8,40 | | 10,70 | | 9,90 | 170,00 | |
| 2008 | | 261 | ПЕЧЕНЬ, ТУШЕННАЯ В СОУСЕ | | | | | 50/50 | | 13,30 | | 9,40 | | 5,20 | 175,00 | |
| 2010 | | 73 | РИС ОТВАРНОЙ | | | | | 180 | | 4,30 | | 5,70 | | 45,30 | 249,00 | |
| 2008 | | 430 | ЧАЙ С САХАРОМ | | | | | 200/15 | | 0,20 | | 0,00 | | 14,90 | 60,00 | |
| 2008 | |  | ХЛЕБ ДАРНИЦКИЙ | | | | | 30 | | 2,00 | | 0,30 | | 12,70 | 61,00 | |
| **Итого** | | | | | | | | | | **28,20** | | **26,10** | | **88,00** | **715,00** | |
| **Всего** | | | | | | | | | | **28,20** | | **26,10** | | **88,00** | **715,00** | |
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